

PRAYERS TO KNOW – 3rd Grade

Sign of the Cross

In the name of the Father and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer (Our Father)

Our Father, who art in heaven;
hallowed be thy name; thy kingdom
come; thy will be done on earth as it is
in heaven. Give us this day our daily
bread; and forgive us our trespasses, as
we forgive those who trespass against
us; and lead us not into temptation;
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with
thee, blessed art thou among women
and blessed is the fruit of thy womb,
Jesus. Holy Mary, Mother of God, pray
for us sinners, now and at the hour of
our death. Amen.

Doxology (Glory Be)

Glory be to the Father, and to the Son,
and to the Holy Spirit. As it was in the
beginning, is now and ever shall be,
world without end. Amen.

Prayer Before Meals

Bless us, Oh Lord, and these thy gifts
which we are about to receive from thy
bounty, through Christ our Lord. Amen.

Grace After Meals

We give thee thanks, Almighty God, for
all these gifts which we have received
from thy bounty, through Christ our
Lord. Amen.

The Seven Sacraments

1. Baptism
2. Reconciliation
3. Eucharist
4. Confirmation
5. Holy Orders
6. Matrimony
7. Anointing of the Sick

Guardian Angel Prayer

Angel of God, my guardian dear, to
whom God's love commits me here; ever
this day (night) be at my side, to light
and guard, to rule and guide. Amen.

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10 Commandments

1. I am the Lord your God; you shall not have strange gods before Me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Apostle's Creed

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead. He ascended into heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Act of Contrition

Often said at bedtime after a brief examination of conscience.

O My God, I am sorry for my sins with all my heart. In choosing to do wrong, and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.

OR

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasion of sin. Amen.

The Jesus Prayer

Sit quietly, repeat this prayer several times and reflect on God and His mercy.

Lord Jesus Christ, (breathe in)

Son of God, (breathe out)

Have mercy upon me, (breathe in)

A sinner. (breathe out)
